



Stewarding Resources to Advance Healing--Summary of Work and Next Steps

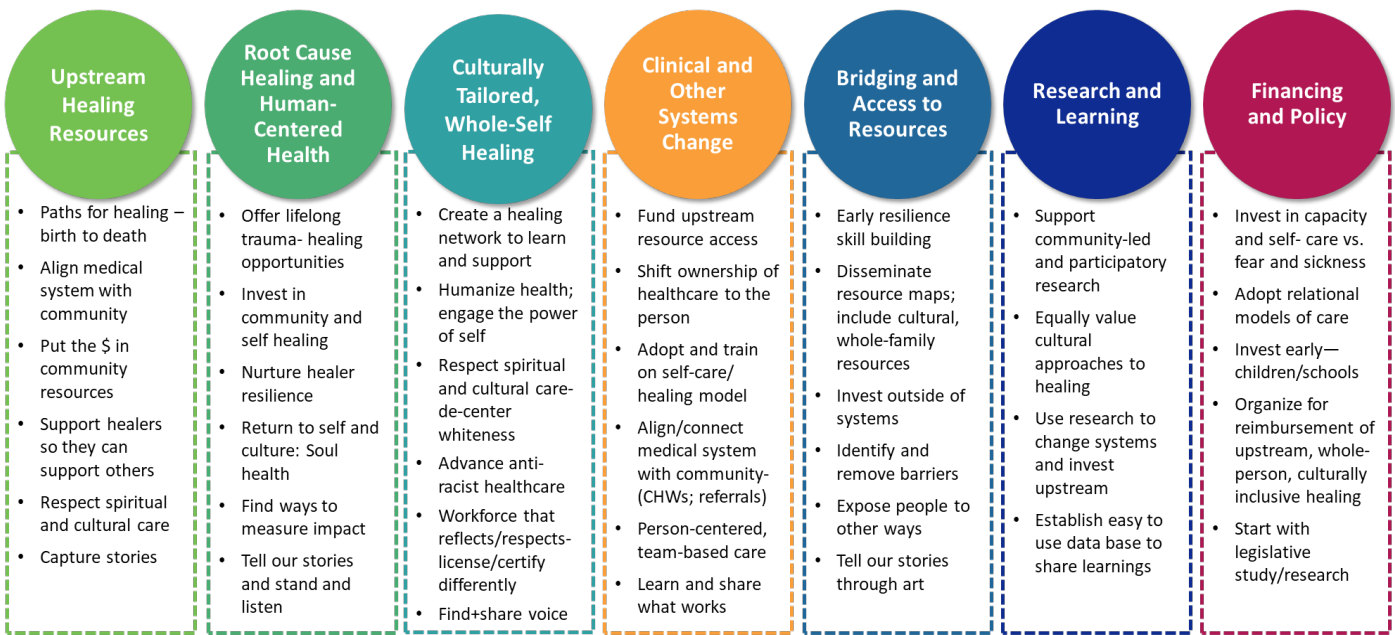
“Who are we waiting for to make the change?”

BACKGROUND: The impetus of this work started in 2019 when the Minnesota Legislature appropriated funds for the Department of Health to support five pilots studying different aspects of non-narcotic, integrative healing therapies as an opioid preventive strategy and a statewide mapping study. In 2020 The George Family Foundation engaged Collective Action Lab to explore interest in collective action to advance adoption and access to non-narcotic healing therapies. The discovery process expanded the scope beyond resources only for pain management to resources that advance healing. The diagram below synthesizes stakeholder input, which suggests six critical areas where collective efforts can advance adoption and access to healing resources.

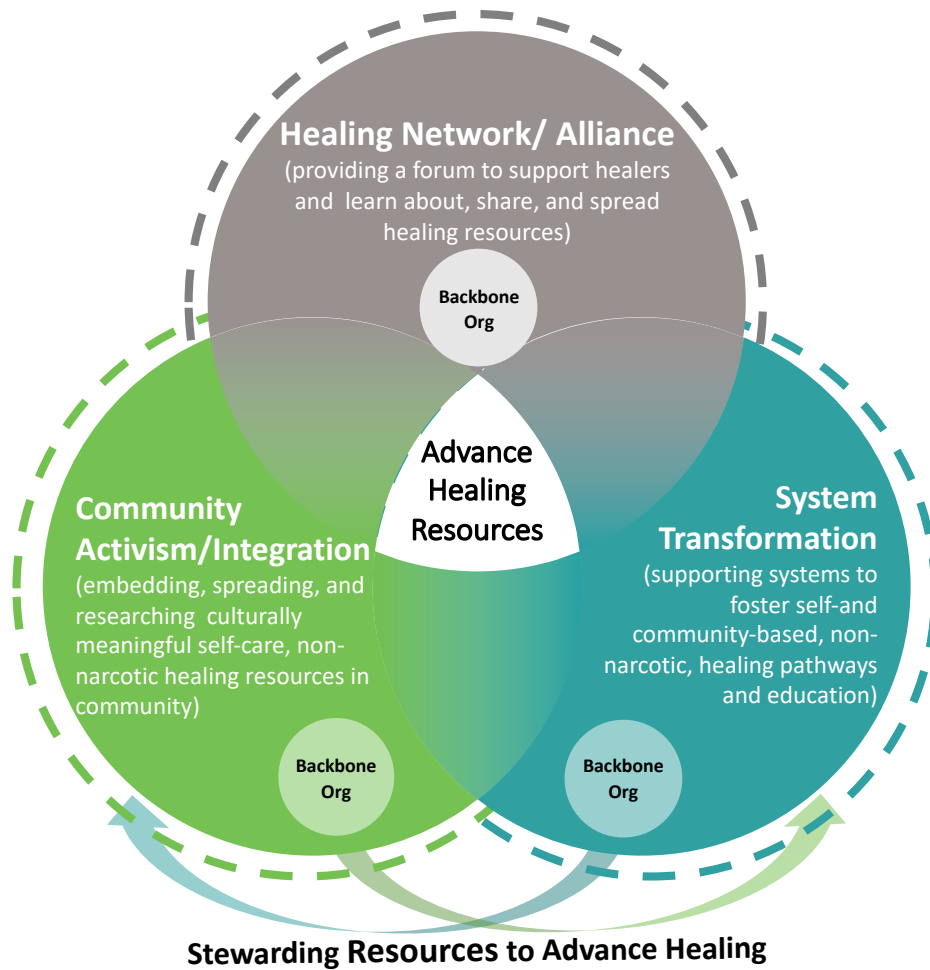


CONVENING TO CHART A PATH FORWARD: Based on the discovery report, Catalyst Initiative at The Minneapolis Foundation, along with seven others,¹ co-convended a two-meeting, cross-sector group on April 8th and April 30th, 2021 to further explore the potential for collectively working to advance access to healing resources that help address pain, anxiety, depression, and underlying root causes such as unresolved trauma. The group reviewed the discovery findings and re-organized them into the seven areas below. Meeting participants self-selected into each group, to ask, “what are the most important things we could do together in each area?” Each group identified important areas for shared work. A high-level summary of the discussions is below and the full notes from each group can be accessed [HERE](#).

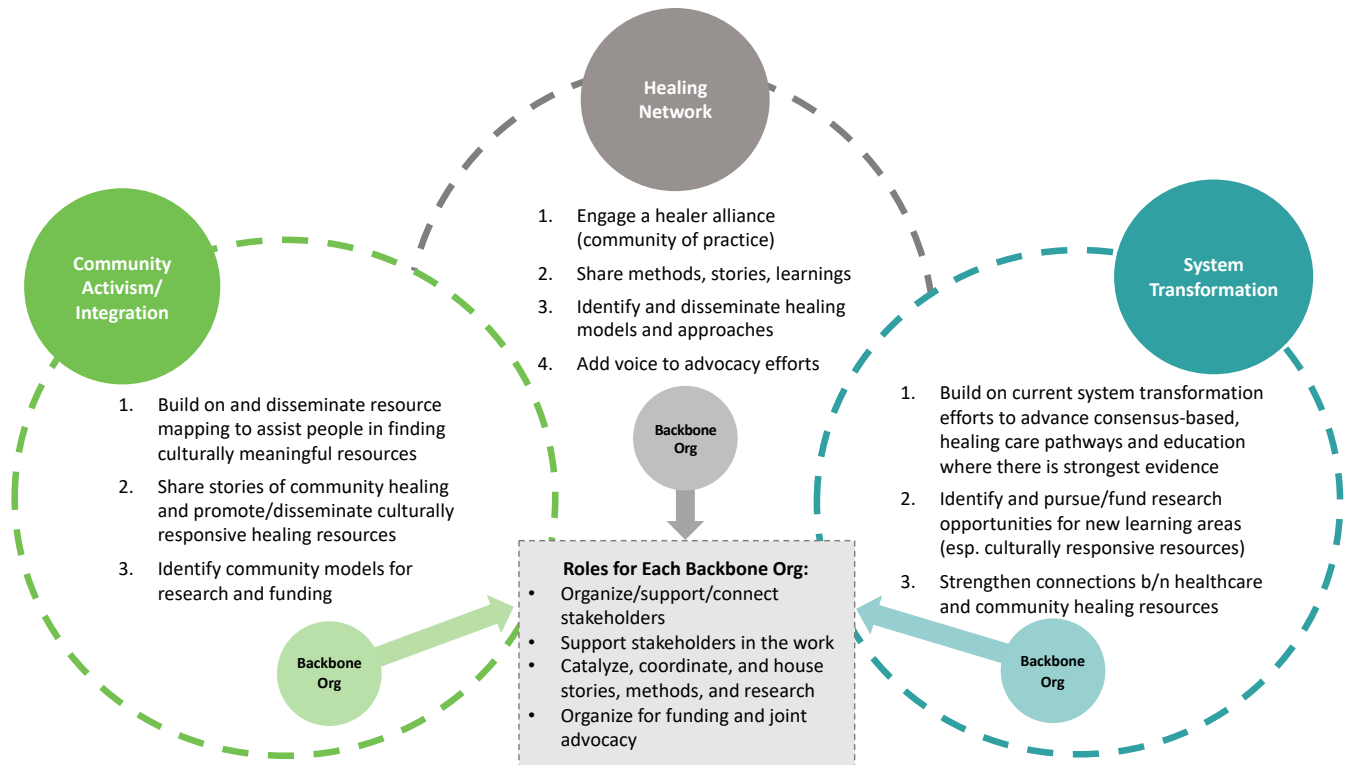
¹ Co-Conveners include: Dr. Joseph Bianco, Essentia Health-Ely, MN; Imam Sharif Mohamed, Dar al-Hijrah Mosque and Open Path Resources; Dr. Laurelle Myhra, Mino-Bimaadziwin Wellness Clinic at Red Lake Nation; Dr. Arti Prasad, Hennepin Health System; R.T. Rybak, The Minneapolis Foundation; Antony Statel, Native American Community Clinic; Suzanne Koeplinger, The Catalyst Initiative; Rev. Dr. Alika Galloway, Liberty Northside Church and Liberty Northside Healing Space



Commonalities across the groups’ discussions influenced a three-fold approach for organizing. Full notes from each group can be accessed [HERE](#).



Each group also offered specific actions and next steps for moving forward, some of which addressed the role of a backbone/coordinating organization. The recommendations are synthesized below:



FIRST STEPS FOR MOVING FORWARD AND KEEPING MOMENTUM:

- **Healing Network/Alliance:** Convene a community of practice for interested healers of all traditions to initially participate in a late-summer meeting series to provide mutual support and develop a longer term, self-directed, listening and learning agenda. (Catalyst initiative will coordinate)
- **Community Activism/Integration:**
 - Identify and pursue opportunities to strengthen and expand resource mapping (building on 2019 mapping project) and resource navigation within communities. (Catalyst and mapping partners)
 - Identify and seek funding support for at least one opportunity in the next 3-4 months to evidence the efficacy of community-based, culturally-responsive healing resources. (Catalyst Initiative and interested stakeholders)
- **Systems Transformation:** Support at least one system transformation effort that fosters/advances person-centered, non-narcotic, healing care pathways, education, and/or accreditation changes in healthcare systems. (Institute for Clinical Systems Improvement (ICSI) and interested stakeholders under an existing state grant)
- **Longer-Term Backbone Organizations:** Identify and secure longer term backbone organization to support ongoing initiatives in each of the three focus areas and communicate progress in the above focus areas to interested stakeholders. (Catalyst Initiative and Collective Action Lab)

Please reach out to Suzanne Koeplinger at skoeplinger@mplsfoundation.org if you want to sign on to/or be part of any of the first steps referenced above or receive communication updates.

Thank you for guiding and shaping where we go from here. This is just the beginning!